

NOMADE DUG

## **NOMADS RUGBY IS GRATEFUL FOR THE SUPPORT OF OUR 2022 SPONSORS**

# PENALTA







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# **TABLE OF CONTENTS**

-	
2	Sponsors and Grantors appreciation
3	Table of Contents
4	2022 Awards Winners
8	President's report
10	Director of rugby
12	Senior men
16	Senior women
22	Junior Director Report
24	• Minis - U6s and U8s
28	• Minis – U10s
30	• Minis – U12s
32	Junior girls
36	Junior boys

40	Nomads Rugby Spirit of Youth Summer Camp 2022
42	Alumni
43	Member relations and social
46	Operations and Membership Report
47	Marketing and communications
48	Investment committee
49	Fletcher's Fields
49	Fundraising
50	Notice of AGM
51	Treasurer's report
52	Financial statements
58	Nomads year in photos



Team Minis – Under 6s Minis – Under 8s Minis – Under 10s Minis - Under 12s Under 14 Boys Under 16 Boys - 15s Under 16 Boys - 7s Under 18 Boys Under 14 Girls Under 16 Girls - 15s Under 16 Girls - 7s Under 18 Girls

Recipient Nia Davis Luke Alicandri Rose Cagney **Ewan Crilley** Dekker Kozak-Goebel Oliver Ling Mick Mernick Konnor Chang Tueli Pauptit **Finnie Pauptit** Kiera Irwin Isabella Sarbadhikari



**JUNIOR BOYS VOLUNTEER 2022** STUART MACKENZIE

**JUNIOR GIRLS VOLUNTEER 2022** LORNA PAUPTIT



**MINIS VOLUNTEER 2022** NANCY VYE

JUNIORS COACH OF THE YEAR 2022 **BRYCE MOROZ** 



## CONGRATULATIONS **SENIOR WOMEN 2022 AWARD WINNERS**

1XV Forward of the Year	
1XV Back of the Year	
2XV Forward of the Year	
2XV Back of the Year	
Rookie of the Year	
Most Improved	
Player's Player	
MVP	
Team Ethos Award	

2XV Top Point Scorer	
2XV Top Try Scorer	
1XV Top Point Scorer	
1XV Top Try Scorer	
Rookie of the Year:	
2XV MVP	
1XV MVP	
Player's Player	
Lloyd Dobson Award	

## **NEIL SORBIE MEMORIAL TROPHY CLUB PERSON OF THE YEAR 2022**

### ANNUAL REPORT 2022

Paniz Pahlavanlu

Carly Forrester

Heather Wadel

Kat Peric

Carrie O'Keeffe

Morgan Gravelle

Sara Shaw

Jess Neilson

Pamela Bellerose

## **SENIOR MEN 2022 AWARD WINNERS**

Jordan Tibshirani (37)

Faiyaz Lokhandwala (7)

Jack McCombe (81)

Louis Farnham (12)

Kameron Sturgess

Matthew Ackers

Liam O'Donovan

DeiShawn Clarke

Max Pinkerton

#### JESSICA WONG

5





## **PRESIDENT'S REPORT**



#### <u>Ross Pinkerton</u>

President

#### Dear fellow Nomads,

It has been an honour to serve as your President for a fourth and final year.

#### Sponsor and Grantors

Firstly, I wish to acknowledge and thank Nomads Rugby's loyal sponsors Penalta Group, Hub Equipment and the Carpenters Union for their continued financial support without which the club could not function.

We also continued to benefit from grants from MLSE Foundation, the Ontario Trillium Foundation and the Ontario Government through Rugby Ontario.

#### Season Review

Congratulations to all sections, teams, players, coaches, managers, directors, volunteers, parents, alumni and supporters for completing a full season of rugby in 2022 after 2 seasons interrupted by the Covid pandemic.

In general, our club bounced back well after the pandemic and it's a credit to the section directors, coaches, managers and players that we did. Several other clubs struggled to reach pre-pandemic membership and their programs were adversely impacted as a result.

However, we continue to have a shortfall of players in some age groups, particularly junior girls and boys. Attracting new players to Nomads junior rugby and keeping them must be a priority going forward.

One section of the club deserves a special mention this year is Nomads senior women. Not only did they buck the province wide trend of declining registration, they produced 2 very competitive teams that contended for their division championships, reaching their respective finals. And importantly they had fun doing so. Our women's section's 2022 results did not happen overnight; they were years in the making and took vision, planning, commitment and execution to make it. Congratulations ladies, JP and your coaching team.

#### **Nomads Representatives**

Once again Nomads Rugby players continue to feature in national teams with Laura Russell (Women's XVs), Asia Hogan-Rochester, (Women's 7s), Tyler Rowland (Men's XVs), Jeffrey Young (Men's U18s) and Graeme Tremain (Men's U18s) all earning selection for Canada. Congratulations to all our Canadian, Ontario and Toronto sub-union representatives.

#### **Mt Dennis Royal Canadian Legion**

During 2022 the Club began to develop a strong relationship with the Mt. Dennis Royal Canadian Legion. We used the Legion's facilities for Men's aftermatch functions, the end-of season Awards Banquet, and Strategic Planning meetings. They are a terrific organisation to work with and I am confident that our partnership will continue to flourish.

#### **Financial Outlook**

Without the funding received from sponsors and grantors we would not have been able to provide our rugby programs. Despite the significant support our 2022 financial results and trends are cause for concern; we incurred a significant loss and relied on reserves to maintain liquidity. It is clear the club needs to find additional revenue if we are to continue to operate at current levels and improve.

#### **Club Development Plan**

We are fortunate to be Nomads: In addition to Nomads' proud 73-year history, club spirit, culture and people, we are one of only 3 Toronto and 5 Ontario clubs who will benefit from the foresight of our predecessors, as a consequence of the sale of Fletcher's Fields.

As a result, unlike the vast majority of rugby clubs in Canada and around the world we will soon have a \$3 million endowment fund to help us develop and grow our club and develop, players, coaches, referees etc. As a consequence of this good fortune, change is inevitable. The question is not do we change; it is how do we change?

During 2022 Nomads Rugby was the grateful recipient of a grant for \$43,500 from the Ontario Trillium Foundation to develop a comprehensive, integrated Club Development Plan. The four elements of the project, all led by professional facilitators, are: 1. Strategic Plan, 2. Marketing Plan, 3. Market Research and an Organisation/Human Resources Plan.

This project's objective is to prepare the club for the future by providing a roadmap for the Club's Board, committees and members to follow.

The first 3 elements have been completed and shared with members.

There is, undoubtedly, significant room for improvement in all aspects of our club and it will require commitment to a shared vision and a team effort for Nomads Rugby to reach its potential. If and how we get there, or not, will depend on the club's leadership and members' involvement.

#### 2022 Board of Directors

I wish to thank the 2022 Board of Directors. It has been a busy and challenging year. In particular, I'd like to acknowledge the contribution of Martin Edmonds, Director Alumni, and Mark Lewis, Secretary, who are not standing for re-election.

Martin has done an amazing job of creating a Nomads Alumni community, communicating with alumni and cajoling them to keep involved with Nomads Rugby. His knowledge of club history, rugby and business experience and strategic thinking will be sorely missed.

Mark has steered the club through bylaws revision, changes in legislation for Not for Profits corporations and ensured compliance. He has been a calming influence through challenges.

Increasing revenue, balancing the budget and implementing the newly developed Strategic and Marketing Plans will be the incoming board's priorities.

I wish Nomads Rugby and its members the very best for the future,



Ross Pinkerton

## **DIRECTOR OF RUGBY REPORT 2022**



#### John Peel "JP"

Director of Rugby Head Coach, Senior Women, Junior Boys After a forced gap between seasons and being back in New Zealand for 2021 it was good to get back this season and continue working with the club.

Though it didn't come without its challenges. The start of the year we still saw impacts of the pandemic having effects in programming, organisation, commitment and uncertaintity on what the year was to look like, and that was supported at the beginning by a wave of covid through the winter training that affected all teams throughout the club. People's health, mental and physical, work life, and home life have had a huge shift so there was a focus of care around that, a focus that we didn't have to get everything right, manage what we could control and not worry about what we couldn't.

Once we got up and running it was great to be back out on the field again. Our Minis started off with a great home opener running the first festival of the season and thanks to Nancy Vye our U12 coach the festival was a huge success. We had purposefully set the day for a Sunday so that we could encourage the senior side of the club to come out and support the day and it was great to see contingents from the senior women and men come out and support the future of the club!

The junior boys and girls continue to be an area of focus that we need to grow. I think we struggled with numbers because of a few reasons, we hadn't had a flow on from 2021, the conflicts with other sports wanting to fit things in, families finally being able to travel and get away on holiday and that we hadn't been involved with schools as we would have been.

With a combination of age groups and some work alongside Toronto City we were still able to get our youth some valuable training and game time, more so when we decided early to take a focus on 7s where we really saw the junior boys and girls connect together and have some enjoyable times. Especially the night away at the Ottawa tournament where we saw the players and parents come together for a great weekend away.

Mentioning school rugby. I was able to get into Humberside Collegiate where we had a very successful time and hope that we can transition some of these students into Nomads in 2023, also making a connection with CTA, and Western Tech where we plan to work with as we already have Nomads kids at these schools.

There were a lot of things happening during the season, but it was great near the end of the season when I was able to attend and oversee some of the senior men's trainings and games. I was able to meet with the senior men management to connect a bit further and I look forward to build upon that in supporting them where I can in 2023.

It goes without saying, the women's season was a very successful season taking two teams to their respected OWL cup finals, and for the first time in the clubs history. It wasn't just the on-field results that were an accomplishment but the off-field connections and team culture that was very special.

A thank you to Stuart Mackenzie, Jenn Russell, and Ryan Jones for such an awesome coaching group. Thank you to Jess Wong for her leadership and

support. Thank you to all of our players for your attitude and vulnerability, it wouldn't have been the team it was without you all. Last a thank you to our Alumni and supporters, it's always a pleasure having you following the team.

It was a pleasure to work with all of our Directors, Coaches, Managers, Players, and parents this season. We had Nancy Vye complete her level 2 coaching course and Jenn Russell be accepted and sit her level 3 coaching course, we had multiple parents step up to assist with managing or coaching teams and a thank you to Alisdair Piercy for taking up the senior mens coaching responsibilities.

Lastly, I would like to wish Ross Pinkerton all the best with the life change and move back to NZ.

Regards

#### John Peel (JP)

Director of Rugby Head Coach, Senior Women, Junior Boys



## **SENIOR MEN**



Alisdair Piercy Head Coach Senior Men

After a two year hiatus, the Nomads Senior Men are back with a full 2022 season in the books. With ever evolving mandates and lockdowns, uncertainty was at a peak leading into the year. Restarting Ontario's rugby premiership came with tribe and tribulation, and our senior men took it in stride. From the get go, pre-season was delayed due to city wide closures of public fields.

The Nomads waited and as covid restrictions lessened, newly appointed Men's coach Alisdair Piercy rallied Nomads new and old back onto the field. The fifth week of trainingran much quicker than the first....

With the international border opening, Easter tour also made it's return as the Cleveland Rovers welcomed us for our first international fixture in two years. An annual highlight, 30 members took the 5 hour trip to Ohio and played a strong game given the weather and fatigue. When the Whistle blew, the Nomads men came away with a the win and official start to a summer of league games.

Our fixtures began in May with newly aligned Conferences and Divisions courtesy of Rugby Ontario reorganizing the league to reduce travel time. With two games each against Oakville, Burlington, and Vaughan – rivalry's started to form from the first kick off.

As in previous years - all clubs were required to field two teams each weekend. Our players surpassed all expectations by maintaining the same number of registered player's in years past. This could not be said about the competition and led us to be creative in finding opponents for our 3rds side. In June we participated and embraced the "Rugby vs Cancer" initiative, with our 3rds side facing off against the Nomads Old Boys in bright pink and White kit. A new tradition that we hope to keep for many years to come.

While finishing the year with a record of 4-7, the senior men's team continues to show great drive and potential. Overcoming adversity and changes on a week to week basis, the Nomads were one of a few clubs to have 0 defaults due to the excellent player turnout and dedication through the summer.

Mixed results on the field aside, our return to rugby was very successful. Despite the closed border and significant uncertainty about the season during covid, the club had the great privilege to welcome many new members from Toronto, elsewhere in Canada, and from every corner of the globe. Strong recruitment and retention of players will be an important factor in our goal to field three sides for the 2023 season. A welcoming environment for rugby development and personal growth remains at the core of the Nomads spirit and will be the cornerstone of our future success.

I had the great pleasure to work with so many dedicated and driven people on the Nomads board, coaching staff, and in leadership amongst the senior teams. The return to play during the pandemic would not have been possible if not for volunteers standing up to make it happen. I am eagerly anticipating the great things we will accomplish in the 2023 season.

Lucas Paulino Director of Men's Rugby







## **SENIOR WOMEN**



JOHN PEEL (JP)

Head Coach



## **STUART MACKENZIE**

Coach



#### JENN RUSSELL

Coach



RYAN JONES

Coach

The 2022 season was a historic one for the Nomads Senior Women. For the first time in the club's history, both our teams fought their way into the Ontario Women's League (OWL) finals. The Development Team finished the season with a 5-0-3 record and a +190 point differential, while the First XV finished the regular season with a 7-0-3 record and +184 point differential, topped off by a truly courageous semi-final win against Brantford at home. Registration hit an all-time high, with 58 players taking the field, including six senior debuts by graduates of our Junior Girls program. The Nomads Women were the only team in Ontario to run two full sides every weekend, even lending players when other teams could not field a team.

The Senior Women's success on the pitch was mirrored by success off it. Led by Head Coach JP, and assistant coaches Jenn Russell, Stuart MacKenzie, and Ryan Jones (and equipment manager Tadhg Ryan!), the team took pride in its culture, committing to an environment of connection and care. Our fantastic alumni helped raise over \$500 for the charity Rugby vs. Cancer. The team was thrilled to have our social calendar return in 2022, and enjoyed successful events like Rookie Night, Strawberries and Champagne, a post-season pool party, and the Awards Banquet.

It is hard to imagine topping the 2022 season, yet I'm sure we will find a way. 2023 marks the 30th anniversary of the Nomads Senior Women's program, and we are looking forward to celebrating with more successes on and off the pitch.

**Jessica Wong,** Director of Women's Rugby





Posts: Paniz Pahlavanlu, Krista Carroll, Cheyenne De Luca, Vanessa Cifuentes

**Back Row:** Ryan Jones (Coach), Stuart MacKenzie (Coach), Nina Patti, Megan Kennedy-Spence, Morgan Gravelle, Kat Boehringer, Ellie Whittles, Madeline Biggs, Pascale Walters, Lauren Cranfield, Alina Mai, Carly Forrester, Syd Greenberg, Gillian Geremia, Iman Jeer Jeer, Jessica Underwood, Janeisha Elliott, Haleigh Di Buono, Maleah Gill, Julia Burlaca, Rianne Barnes, Mikhalia (Junior), John Peel (Coach)

**Middle Row:** Natalie Rosecky, Sara Shaw, Yael Schwartz, Kat Peric, Jess Neilson, Karen Douglas, Brooke Jensen, Carrie O'Keeffe, Kash Arya, Daniella Grant, Esther Sivalingham, Heather Wadel, Jenn Russell (Coach) Tadhg Ryan (Biggest Supporter), Sharon Welsby (Athletic Therapist), Kelly Nguyen.

Front Row: Julia White, Jessica Wong, Pamela Bellerose, Demi Swann, Caroline Aksich, Dallas Price.

**Not pictured:** Armanda Iuliano, Asia Hogan-Rochester, Catherine Iuliano, Claire Kos, Faith Williams, Habiba Zaghloul, Hanna Nicholl, Katy Norton, Lynelle Vassell, Marcela Sadu-Vardon, Selena McCuaig, Steph Hovdestad, Sydney Corcoran, Yuki Chan, Marcus Leal (Athletic Therapist)





## NOMADS RUGBY





## JUNIOR DIRECTOR REPORT



#### Leanne Stillman Director

Nomads Juniors has had an amazing year of support and collaboration from all areas of the club. This theme of connection can be attributed to the emergence of a strong Director of Rugby, John Peel who continues to forge stronger and stronger positive club integration, particularly between Nomads junior and senior players. As we look to the future of Nomads Juniors this success will become more purposeful and demonstrate the unique strength of a Nomads lifelong journey of friendship, growth and giving.

The energy and happiness that comes from cycles of giving within our Nomad's community, is demonstrated when we see our Juniors move up to Seniors and then like Jeffery Young (a former U12, 14, 16, 18 player) come back and coach or Alisdair and Sarah who are alumni, past minis coaches and current key contributors to Nomads Senior rugby, supporting their son Cameron and his teammates in U12s. Within our Minis, Bryce continuously works to introduce both rugby and non-rugby parents into weekly active sessions which builds a strong foundation of supportive adults to help future generations of players as managers and coaches. Our U14, U16, U18 Juniors showed their support by volunteering within Nomad's community Spirit of Youth camp and Nomads, in collaboration with the Toronto Inner-City Rugby Foundation (TIRF) supported them through TIRF's leadership training and collaborative active participation of Nomad/TIRF staff within our events, camps and weekly training.

The Junior Club would like to specifically thank the Nomads family at large as coaches, managers, and dedicated parents as well as those members of the senior men's and women's and our alumni who volunteer on the Nomads Board as well as those who came to help us host, referee and manage our festivals and our Spirit of Youth Camp.

We also offer special thanks to our sponsors and angel donors for enabling financially "barrier free" access to youth who come and play rugby with us but do not have the means. In addition to removing financial barriers our sponsors also support with food for our festivals, uniforms, and administrative, promotional, and infrastructure costs for our Spirit of Youth camps and regular programming.

We continue to keep our players wellbeing and happiness at the center of all of our programming with our mentoring-based coaching systems provided caring adult volunteers who the spirit of giving and exemplify the World Rugby Core Values which state, "Inherent in everything we do are our values of integrity, respect, solidarity, passion and discipline."

Historically, Juniors has been run by a team of managers and coaches who volunteer to take on roles on an annual basis. These roles allow us to keep overall costs of training lower and increase the quality and calibre of what we have been able to offer as a club.

As Nomads continues to grow it is become clear that the number of volunteers is too few for our aspirations and the expectations of members and players within the Junior part of the Club. In addition to our historical ask for on field and player-related volunteers, we are now looking for those who can assist us behind the scenes on various Nomads committees to ensure there is representation from the Junior club and action on tasks need to more effectively serve our players.



## **MINIS - U6 - U8**



Bryce Moroz Head Coach:

#### James Lauritsen

Assistant Coach



Jan Vopalensky Assistant Coach

#### Number of Players Enrolled.

For the U6's and U8's the number of players enrolled was healthy, 7 and 13 respectively, enough for one and two teams. However, it soon became apparent that for tournaments attendance became a major issue. The summer of 2021 was the first summer when COVID related travel restrictions were either eased or completely suspended depending on the national jurisdiction. This meant that many players were away during the tournament dates, sometimes for multiple weeks. The reality was that there were not enough players available to consistently field one U6 team, and there were only enough U8's available to field a single U8 team.

Hopefully the summer of 2023 will "settle down" in terms of travel, and the number of players who show up for the tournaments will be more aligned to the numbers actually enrolled.

#### Parent and Player Engagement

As has been done the past few seasons, each practice session has a player act as "Junior Coach of the Day". Players take turns (roughly in alphabetical order) leading the training drills and games. The week before the next Coach of the Day is given a list of drill and games and they are invited (usually with a parent's help) to pick out the activities they want to lead, and to also add any new ones. At the start of the session, the "Junior Coach" is given a clip board and their own whistle to use (and keep).

This has been an unqualified success and the players are very enthusiastic about it. Often times, this is the first occasion that the child has been given a position of responsibility and leadership. Some players are more effective than others at this, and it is hard to predict who will make a good "Junior Coach". The best Junior Coach was a six year old, quiet little girl, who became a miniature "Eddie Jones" once she had the clipboard and whistle in her hands!

In 2022, we also started to invite the parents to play in the end of practice pickup game. This has been a huge success. Parents are glad to get off the bench, and the children are thrilled to have their mum or dad play with them, especially the younger players who are still building their self-confidence. We obtained enough adult size belts, flags and pennies to accommodate parents participating

#### **Skills Development**

Of course at the U6 and U8 age groups, the focus is really on engagement, and being able to relate to other team mates, coaches, and player's from other clubs, in a respectful, caring and inclusive manner.

With regard to skills development, the basics are of course covered. Having said that, to maintain player interest and engagement, during the practices we do "play around with" more advanced skills such a kicking from a "T", punting, and even line-outs. This is all enhanced by the use of miniature goalposts.

Again, the focus is on developing the good character of the player, but having said that there are three areas in terms of skills development which are recurring and challenging: forward passing, off side, and catching less than optimal passes (i.e. in the heat of play).

#### Cleat Exchange

2023 saw a no-cost cleat exchange set up for the mini's and juniors. There was a very good response from parents and players in terms of donating cleats which no longer fit. The cleats were received, inspected, thoroughly cleaned, and inventoried. To state the obvious, children's feet grow fast, cleats are expensive, and being able to supply cleats saves families money, and keeps used cleats out of landfill. A win-win all around.

#### Land Acknowledgement

On Wednesday, September 28, 2022 the Nomad's Juniors and Mini's participated in a Land Acknowledgement, in honour of the National Day for Truth and Reconciliation (Orange Shirt Day). The Land Acknowledgment was written to be specific to our home pitch, Eglington Flats, and is reproduced below.

We acknowledge that the Nomad's home pitch, Eglington Flats, is located within the traditional and treaty lands of the Mississaugas of the Credit. Eglington Flats is part of the Humber River watershed, or in Anishinaabe language, the GabeKanang Ziibi. The GabeKanang Ziibi has historically provided an integral connection for Anishinaabe, Haudenosaunee, and Wendat peoples between the Ontario Lakeshore and the Lake Simcoe/Georgian Bay regions. The area continues to be home to many diverse First Nations, Inuit and Métis peoples.

#### Conclusion

All around, 2022 was a very successful year for the U6's and U8's, and represented a post-COVID "return to normal". We very much look forward to 2023.



Back Row: James Lauritsen (Coach), Bryce Moroz (Coach)Front Row: Atlas Grieve, Euan Lauritsen, Thom Baraniak, William Baraniak, Daniel Gravito, Ruan Burke



Back Row: James Lauritsen (Coach)

**Front Row:** Mizuki Suso, Nico Cabalin, Luka Marquest, Logan Purkis, Lachlan Milbury, Euan Lauritsen, Sarah Williams, Luke Alacandri





## MINIS - U10S



Brad McCabe Head Coach



Katy Norton Assistant Coach

The 2022 u10 program saw a few returning second year u10s and a great influx of players graduating from the u8 program to u10.

Turnout in the spring and late summer/fall was quite good with 8-14 players on any given night. Summer camp and travel plans mid-summer made training and tournaments a challenge with 3-5 players showing up regularly. Once again, the summer camp program resulted in a number of new players joining the team on a regular basis.

The focus of the season continued to be a safe return to play, skills development, an understanding of the game and having fun. The core group of second year u10s were able to take some leadership roles assisting in activities with the first years. Using a mix of skills training with rookie rugby games, the players learned ball handling along with offensive and defensive positioning all in preparation for the number of tournaments we were able to participate in.

Many thanks to the parents who brought their kids out each week and to the tournament organizers for creating safe & fun playing environments this year.



Back Row: Brad McCabe (Coach)

Front Row: Theo Misik, James Alicandri, Mizuki Soso, Rose Cagney, Aiden Moroz



**Back Row:** Katy Norton (Coach/Senior Womens Player), Merida Ryan, Rose Cagney, Talia Ship, Theo Misik, Hermes Hurtado Dagnino, Arlo Sayers, Ross Stewart, Andrew Stafford, Kat Peric (Senior Womens Player)

Front Row: Teddy McSweeney, Ronan McVan, Blake Richmond, James Alicandri

#### NOT PICTURED:

Alice Lauritsen, Cristobal Contreras Vasquez, Sarah Williams, Justine McCabe



#### NOMADS RUGBY

## **MINIS - U12S**



Nancy Vye Head Coach



Michael Boadway Assistant Coach Welcome back, rugby! We were so grateful to be back to a full season of skills, drills, and games after a couple of wonky summers. We were all eager to play, which was easy to see in the energy, positive attitudes, and enthusiasm our U12 team carried forward throughout the summer in every festival and training session. Having a full season meant we saw so much growth and development across the U12s, from our newest teammates to our veterans.

This season introduced players to uncontested scrums and line-outs, and contested rucks. We worked on having quick hands and rings of steel in our tackles. And of course, we had lots of fun. Our games-based approach to training encourages learning and developing new skills in fun and interactive ways. So, a big congratulations to the U12s on a great season - measured in all the new friends you met, the new skills you developed, the plays you made, and the fun you had.

A huge thank you also goes out to the family and friends who make sure players get to games and training and provide endless support and encouragement along the way. You are instrumental to our team!

Lastly, wishing the returning U12s a great season next year, and those graduating to U14 boys and girls' teams continued success.



**Back Row:** Nancy Vye (Coach), Ewan Crilley, Truman Vye, Mikhalia Stern, Cameron Piercy, Taylor Richmond **Front Row:** Prince Morgan, Jack Williams, Emma Hurtado, Cameron Morris

**Not Pictured:** Alex Tomas, Weston McCabe, Sarah McCabe, Victoria Baraniak



## JUNIORS - JUNIOR GIRLS - U14, U16, U18



Dallas Price Coach



Lauren Rudko Coach



Lorna Pauptit Team Manager

The junior girls were excited to resume a "normal" rugby year after two years of unusual times. Indoor training resumed in January, with 9 girls training weekly at the Lamport Stadium dome. The focus was on fitness and dusting off their rugby skills after the winter break. The team took advantage of the whole club being under one roof at Lamport to regularly warm-up and play touch with the senior women - creating bonds between the age groups and easing the transition to seniors for some of the U18 players. Coach Lauren Rudko ran most of the practices, with help from injured senior women's player Lynelle Vasell.

Over the summer, the team was back at Eglinton Flats with Coach Dallas Price. Four U14 girls, eleven U16 girls, and four U18 girls participated in the Summer 15s season. Challenged for numbers, and with a few key players missing for camp and summer travel, all age groups split the season between supporting the Amazons, and recruiting support from other clubs for Nomads fixtures.

Fall saw the return of 7s Rugby and team trips across Ontario to compete. Practices continued at Eglinton flats throughout the fall with 20 participating. Due to scheduling conflicts for the team's main coaches, practices were done jointly with the U16 boys - special shout out to Coaches Stuart and JP for getting the girls tournament ready every week! Tournaments took the team to Brantford, Belleville, Barrie, and Ottawa (with TIRF hosting the first tournament at Eglinton flats). As the team was best able to field a U16 team due to numbers, the Amazons were generous to allow our U14 and U18 athletes to play with their age group teams. The season capped off with an overnight trip to Ottawa where the team participated in team building activities with the U16 boys, and parents were able to meet and socialize. All of the tournaments were a success for the girls, fielding a competitive team that won at least one game at every tournament. The girls bonded, and team play improved tremendously as the season progressed. This bond was evident at the Awards night, where they all squished together at one table, rather than be apart.



Caroline Ship, Jade George, Tueli Pauptit, Julia Boadway, Dallas Price (Coach)



**Back Row:** Dallas Price (Coach), Alex Johnson, Evan Jessop, Keira Irwin, Brynn Wronecki, Isabella Sarbadhikari, Finnie Pauptit, Ruby Cooper, Kate Ayre

Front Row: Ayumi Soso, Rebecca Ship, Isabelle Thurston, Acadia Chang

**Not Pictured:** Abi Ferreira, Emerson King, Isabelle Thurston, Lara Pallonji, Margot Bartkiw-Price, Ruby Strong, Lauren Rudko (Coach)







## JUNIORS - JUNIOR BOYS - U14, U16, U18



<u>Stuart Mackenzie</u> Coach



**John Peel** Coach



**Jodi Bacchiochi** Manager



Jennifer Gallant Manager U14 - The U14 boys had only 3 players this past year, but they were able to blend in thanks to the hospitality of Toronto City and had a lot of fun and success during the season. The Fall 7s series was particularly successful, finishing top 3 in all tournaments and capped off the season by beating the previously undefeated Beach team.

U16 - This year's U16 boys team was the largest we have had in some time. The boys worked well to create a cohesive group that consisted of brand new players, provincial players and everything in between. The 15's season was highlighted by a dominant victory over Barrie at Eglinton Flats. The 7s season was extremely well attended and also had some great passages of play that showed off many of the skills they developed throughout the year. The 7s season was highlighted by a fun team-building trip to Ottawa for the Whit-U Sevens.

Provincial Players - U15 - Georges-Emile Roy, Henry Ross, Emmett Alexander, Ko MacKenzie(captain)

U16 - G Gentile, Sebastian Gentile, Kasch Kozak-Goebel Ontario Summer Games U15 Toronto Reds - Emmett Alexander, Ko MacKenzie(captain)

U18 - Another small but spirited group, we had 3 players blend in with other toronto clubs to form a MRA team to compete in the league this past year. They enjoyed some great success in 15s by finishing as Runners-Up for the Provincial championship. However, they were able to improve their standing in 7s by taking home the gold!



U16 7s - Left to Right

Mick Mernick, Kasch Kozack-Goebel, Geoges-Emile Roy, Stuart Mackenzie (Coach), Noah Crilley, Sebastian Gentile, Will Lewis, G Gentile, Lucas Deguara, Ko Mackenzie, Emmett Alexander, Angus Atto, Musashi McGann, John Peel (Coach)







## NOMADS RUGBY SPIRIT OF YOUTH SUMMER CAMP 2022

Nomads Rugby successfully ran a second year of the Spirit of Youth Rugby Camp, held in July 2022 over 2 weeks of summer at Eglinton Flats, Toronto. Thanks to the MLSE Foundation's Community Action Grant, Nomads were again available to offer this camp free to the people and families in the community.

Being able to offer this camp for free is an amazing opportunity to give children in the community to be involved in outdoor activities and an opportunity to try a new sport without the barrier of costs.

Not only does it give opportunities for children in the community to play sport, but it also allows Nomads Rugby to build young leaders as it allows Junior Nomads Club Members to be involved and be youth coaches during the camp.

Thank you to Toronto Inner-City Rugby Foundation (TIRF). The partnership with TIRF allows us to use the experience of their staff and combined with Nomads youth coaches were able to run fun rugby activities in a safe, inclusive, and positive environment for children and youth involved.

- A total of 61 children registered for camps, 58 attended.
- 11 Nomads youth volunteers.
- 11 Parents responded to the survey which represented 20 of the kids that attend camp.
- 100% of participants rated the staff, culture, and overall satisfaction of the camp a 5/5
- 100% of participants will consider enrolling in future Rugby Camps and recommend Spirit of Youth Summer camp to others.
- 54.6% completed or intend to complete duel registration to enjoy the benefits of Nomads Rugby. 36.4% were already a member of the Nomads.
- 45.5% reported the camp being free was very important and 45.5% being somewhat important.
- A few comments from parents

"We loved the camp. I had initially only one child but then my other son also wanted to attend so he ended up missing his summer school to attend this camp."

"Our children had a wonderful time. It was fun, well organised and the staff were friendly and enthusiastic. It was a very positive and encouraging vibe! One of our children looks forward to continuing in the sport." "We thought it was an amazing opportunity and our daughters had a lot of fun learning a great sport. We are trying to convince one or both of them to continue in some capacity, if not now, then perhaps in the future. Thank you for a great couple of weeks!"

"So thankful for an opportunity to try a sport that we had little knowledge of prior. The kids loved it and hope to do it more depending on their schedules in the fall."

See a few photos below





TORONTO INNER-CITY Rugby Foundation







## ALUMNI



<u>Martin Edmonds</u>

Director, Alumni Relations Well that's more like it. Yes Rugby was played last year and it was great to see the Men, Ladies and Juniors grace the fields with their talent and skill.

Likewise it was great to see so many once talented and once skilled, Alumni watching the games. No point in trying to mention everybody as there are too many. However I would like to say it was great seeing Kevin Beagle, back from his sojourn in Australia, at one of the games.

It is fair to say that the Alumni enjoyed the experience of the matches, including two Old Boy's victories and many expressed their enjoyment of the comradery as well as the retirement to the Legion for some after match refreshment.

While the Alumni attendance was a good start, hopefully we will get a larger presence next year.

This year the club has been busy wrestling with the internal organization of the club. Without going into too much detail here as it has been covered elsewhere, the club is seeking to improve the management and organization of the club as it faces a new future. A new Organizational structure is being developed to help the club run more smoothly and efficiently. A structure that we hope will include more members of the Alumni participating. Let's face it there are a hell of a lot more Alumni than there are current playing members of the club.

On that note while it has been encouraging to see Alumni attending Nomads games and functions there is so much more room for others to participate. I have to ask myself if now is the time to let somebody else take over this group for the benefit of the Alumni and the club.

With the AGM coming up in March I hope many of you will put your names forward, not only for the Director of Alumni but also for the many other positions for which your skills and mature heads are not only suited but needed.

Anyway that is it for me, except to say that it has been enjoyable writing to you all and I hope to see you next year at the game.

Martin Edmonds

## MEMBER RELATIONS AND SOCIAL



Krista Caroll Director, Member Relation The focus this year was to bring the club back together and reunite our community. This year the Nomads were able to come back in full force, hosting club favorite events like Club Day, Strawberries & Champagne and Awards Night. This was made possible through the support and assistance of many club volunteers.

The first major event of the year was the Nomads Club day at Eglinton Flatts. As we look to make new memories and build tradition around this new location, it was great to see many of the club teams playing all in one location again. Eglinton Flats offers an accessible location within the City limits which is ideal for practices, games and hosting events. With multiple fields, parking and transit access, we are able to bring out more fans and better engage our community.

Thanks to the generous hosting of Ashley Rycroft and Lyndon Livingstone, we were able to bring back Strawberries and Champagne. This garden party has been a long-time favorite in the Nomads social calendar. Dressed in their summer best, Nomads showed up in full force, returning the event to its pre-pandemic glory. Our friends at No Frills (Bill Brown) contributed some food, while volunteers including; Carly Forrester, Duncan Curtis, Maddy Biggs, Morgan Gravelle, Paul Jakubowki, Lucas Paulino, Dale Ryan and many more, stepped up to help with preparations for the event and day of coordination.

This year saw the return of Alumni to the sidelines and for that we are all eternally grateful. Thank you to all the Nomads Alumni who came out to games (including both Women's finals games), to provide support and encouraging words. The success of this season and the events are due in part to the strong support from the Nomads Alumni.

But the support did not stop there, the Nomads Alumni Men and Women also stepped up in a big way, raising over \$500 dollars each for Rugby vs Cancer and coming out to support the Senior Men's and Women's teams. This fundraising event could not have occurred without the efforts of Ashley Rycroft and Erin Leeman who worked with Women's Director, Jessica Wong to coordinate the women's event and to our Men's Alumni who participated in an exhibition game. Thank you to all the Nomads Alumni who donated to this worthy cause.

The final event of the season was Nomads Awards Night, hosted at the Royal Canadian Legion. The Legion has been graciously allowing the club to use their space and hosted us on Remembrance Day this year. The event brought together players from across the club for a night of celebration and comradery. The event hosted over 165 Nomads members and family. Raffle prizes donated by club members, including Raptors tickets from Andrew Prior and Natalie Rosecky, and donations from Cottage Springs and Ace Hill, helped to raise close to \$1,000 dollars for the club. Money that will help support important programming and ensure that rugby is accessible to anyone who wants to play.

These events could not have happened without the support of volunteers and the participation of all club members. Thank you to everyone who made this year possible. We look forward to more successful events in 2023.

~To oversee and coordinate the cultural and social elements of the club~





## **OPERATIONS AND MEMBERSHIP REPORT**



Michael Boadway

Director, Operations If 2021 was challenging year for Rugby, 2022 was better. We got to play all year. Nomads Rugby registration opened February 23. From a registration perspective we are back to normal. Contact Rugby was available right at the start of the season.

The Board increased fees from 2021. A Nomads Rugby membership is annual. It runs from May 1st to April 30 each year. A 2022 membership entitles a Nomad access to all Nomads Rugby training until April 30 2022, although there may be extra costs to members for some events (Banquet, winter training etc.)

Nomads playing and non-playing members must be registered before attending a practice. This precluded any official "Try before you Buy" players. Partnering with Rugby Canada, we scheduled 3 official Come Try Rugby Days in March and April. Due to unforeseen circumstances we were only able to hold the one in April which introduced a few players to the Nomads.

The good news is that this year the Men's Senior Team grew by 25% and Women's Senior Team grew by 50%--the most of any Nomads team. The Junior teams had lower numbers than previous years. Numbers were down in particular in the younger age groups. The largest drops occurring in U6s (down by 3/4s), U12s (down by 1/3) and U14 Boys (down by 2/3). This drop has been attributed to a reduction in children summer sports participation, many families taking longer vacations, an upward swing in overnight camp attendance as well as lack of conversion from our own day camps to playing members. Social Memberships were limited to temporary players—no other effort was made to increase social memberships.

The highlights for 2022 are:

- 259 Registered Nomads (vs 253 in 2019 164 in 2020 and 243 in 2021)
- 222 Playing Nomads (vs 223 in 2019 and 145 in 2020 and 214 in 2021)
- 68 Senior Men (vs 55 in 2021)
- 51 Senior Women (vs 34 in 2021)
- 103 Junior Players (vs 126 in 2021)
- 24 Non-Playing Nomads Memberships (Coaches, Managers etc)

 21 Temporary Memberships by Old Boys and Old Girls to play a game or two

While registration is still not as intuitive as we might like, support calls were down again in 2022.

Nomads again partnered with Rugby Ontario and Toronto Inner-City Rugby Foundation (TIRF) to allow for dual TIRF/Nomads registrations. This enabled youth from priority neighbourhood high schools and younger children to have the club experience playing rugby as Nomads and attend our summer day camps.

In 2023, new registration features will be in place to make it easier to pay or assist in paying fees of Nomads of any age who need assistance. Also added, Nomad prospects are able to try winter training before joining the club.

We salute the efforts made on the part of the Nomads Players, Coaches, Volunteers and Board to ensure that 2022 was a competitive, fun and exciting year in Nomads Rugby.

## MARKETING AND COMMUNICATIONS



VANESSA CIFUENTES

Director

Marketing &

Communications

When it came to Nomads marketing this year, the goal was to expand in a more strategic way, as well as continue to grow engagement on our social platforms.

With this being the first full season back since covid, my focus was on ensuring our social media reflected the successful season that was bound to happen. The goal was to have our instagram page aesthetic directly represent who we are as a club. I wanted our players, past members and community to feel engaged with the content, and new recruits to search for our club and feel like they instantly wanted to join.

My first plan of action was to hire Marc, our club photographer. You may have seen him along the sidelines at most of our home games, and a few junior tournaments. This was a game changer for our content. It's hard to create a professional look when you're relying on photos from 3+ years ago, so having a new, fresh database of photos allowed for weekly "Player of the Match" posts, line-ups, opportunity for highlight reels, more creative and intriguing promotion, etc. Consequently with more posts being shared by players weekly, our instagram was able to continue its upward growth. In this past year alone (from 2021 to current) our followers have grown 148% from 962 followers to 1,429 with this number continuing to climb each week. I highly recommend bringing back Marc for this upcoming season to continue to have up-to-date season photos.

With my term ending as director of Marketing this year, I'm proud to look back on the work that I have done with the Nomads page and the feedback I've received from players, and community members. If given the opportunity, I look forward to continuing to create content for the Toronto Nomads as we go into the 2023 season!



## **INVESTMENT COMMITTEE**



**Tim Lorimer** Chair



Tom Stevenson **Committee Member** 



**Don Cranston Committee Member** 



**Ross Pinkerton** President

- In 2022 the Investment Committee established three operating priorities:
  - 1. close the sale of Fletcher's Fields and see the distribution of the proceeds to the member clubs,
  - 2. hire a fund manager to execute the investment policy, and
  - 3. work towards establishing the Nomads' Endowment Fund as a registered charity.

Progress was made on all three objectives, and met with a measure of success on the first two, and the third ending with the conclusion that setting up a charity is neither feasible nor practical. The sale of Fletcher's did close, however the board of that company is still in the process of considering proposals from your board representatives to arrange capital distributions to the members and winding up the company. The board of Fletcher's is working closely with its legal counsel in assessing the best ways to distribute the proceeds of the land sale, but it is moving very cautiously in assessing the most appropriate way of complying with the Income Tax Act. This is a disappointing result, and at this time we have no certainty as to when capital distributions will be made.

On a more encouraging note, your representatives on the board of Fletcher's were able to affect sound oversight of our capital interest in Fletchers by achieving the authorisation of a sound investment policy for Fletcher's and hiring a reputable fund manager. The sale proceeds, as at September 30, 2022, were invested in cash and GIC's (68%) and blue chip equities (32%), which for the 9 months to September 30, 2022 broke even (a 0% return).

While the returns may seem uninspiring, the investment objective is the preservation of capital, and that objective has been realised. What's more, that result was achieved under very difficult market conditions, and for comparison we note that the S&P/TSX Composite Index fell 13.2% over that period. We'll take that as a win.

The major activity for the Investment Committee in 2022 has been to continue supporting Ross Pinkerton in his role as a Director of Fletcher's Fields as an adviser to that board, and we are glad to report that when Fletcher's does distribute the sales proceeds to its members the Investment Committee has an appropriate investment policy and the administrative structure in place to ensure the highest level of governance to foster the professional oversight of the club's long-term capital resources.





As mentioned in Tim's Investment Committee report, the focus of Fletchers' Fields board during 2022 to date for 2023 has been on preserving the proceeds from the sale of Fletcher's Fields to the City of Markham in September 2021, and working closely with its legal counsel to determine the best ways to distribute the capital proceeds of the sale.

It has been a long, painstaking and frustrating process. However, to date, progress, including a favourable court ruling has generally been positive, albeit slow.

**Ross Pinkerton** President



**<u>Tim Lorimer</u>** Advisor

## FUNDRAISING



Yael Schwartz

Director,

Fundraising

Picking up where we left off with our fundraising efforts through grants following last year's success. After an initial successful application with the Ontario Trillium Foundation (OTF) through the Community Building Fund (\$50,000) we pursued an additional grant through a different funding stream OTF, this time with the Resilient Communities Fund. The Toronto Nomads were successful in securing \$43,000 on our second attempt with this grant. The OTF's Resilient Communities Fund scope was recovering and rebuilding an organization. As such, we elected to allocate these funds to equipping board members and employees with support to implement new approaches, prepare for change and build resiliency including organizational training and coaching, strategic planning, and implementation.

writing, and application process,

earliest.

please reach out to fundraising@torontonomads.com.



## ANNUAL REPORT 2022

As Fletcher's Fields will continue to operate for the 2023 and 2024 season, it is likely the company will not be wound up until late 2024 or 2025.

Unfortunately, as it stands, unless a creative, alternative arrangement is found and implemented, this means Nomads Rugby's operating budget will not be boosted and applied for the Club's benefit until the 2025 season at the

We're eager and are continuing to pursue additional grants. We plan to hit the ground running this Spring and have identified several opportunities for funding through grants! If you're interested in supporting the grant research,

## NOTICE OF ANNUAL GENERAL MEETING

DATE: Sunday March 5, 2023

TIME: 4:00 PM

LOCATION: Upstairs Hall, Mt Dennis Royal Canadian Legion, 1050 Weston Road, Toronto

The Club's Annual General Meeting (AGM) will be held in person, in the Upstairs Hall, Mt Dennis Royal Canadian Legion, 1050 Weston Road, Toronto on Sunday March 5, 2023 commencing at 4.00 PM.

Only current members are eligible to attend the AGM and vote. If you are not a current member but wish to attend and vote you may register as a non-playing member (along with paying the required non-player registration fee) up to 2 days in advance of the AGM.

Member registration, for the purposes of the AGM, will close at midnight on Thursday March 4, 2023.

In addition to all and any other business, at the AGM the Club will hold elections for the positions of: President; Treasurer and Secretary and up to 5 directors at large, plus any other Board positions which may be vacant as of the start of the AGM.

The Directors of Rugby, John "JP" Peel; Women's Rugby, Jessica Wong; Junior Rugby, Leanne Stillman and Member Relations, Krista Carroll, were elected for 2-year terms at last year's AGM.

As previously advised, one of the objectives identifies in the strategic plan is to transition to a distinct twotier organisation structure under which the Board of Directors focuses on strategic, policy, finance and governance issues and responsibility for operations devolves to several operating committees that will include Rugby, Social, Fundraising, Marketing, Communications etc.

It is anticipated the Board will meet less frequently, possibly quarterly, whereas the specialised, operating committees will meet as frequently as is required.

Provided the Board and committees are filled by suitable persons, the proposed organisation structure should serve Nomads Rugby well as it evolves and grows.

Accordingly, at this time, the outgoing Board is calling for nominations and/ or expressions of interest from:

- Directors to fill the vacant board positions, and
- Committee members to serve on a committee

Please complete the Nomination/Registration of Interest form to nominate someone else or volunteer yourself and email it to secretary@torontonomads.com by Friday March 3.

Many thanks,

Mark J. Lewis Secretary, Nomads Rugby





This was a return to a more normal season financially for the club after two difficult years during the height of the Covid-19 pandemic. We continued the path of sound financial management set by Stuart Mulcahy and Catherine luliano in the 2021 season and continue to build on the club's financial and accounting control systems.

Revenue from membership dues increased nearly four-fold over 2021, to \$52,484.80 as we returned to a full season of play.

Thank you to our generous sponsors Penalta, Hub Equipment, and The Carpenters Union who donated \$30,000 to the club this year. Their continued support was essential as the club restarted a regular season of rugby.

Andrew Stephens Acting Treasurer Attracting new sponsors will be a key component of unlocking the club's growth into the 2023 season and beyond. Growth in operational expenditures in the 2022 season were driven largely by the costs of field permits, training spaces, and coaching. These are areas we are looking to continue to make investments into for the 2023 season as we expand our programs to include more paid professional coaching at all levels.

Purchases of kit and equipment made during the pandemic season allowed us to keep these expenditures low this year, but the return to regular play increased our spending on athletic therapists, hosting visiting teams, and travel.

Thanks to the grant from the MLSE Foundation we were again able to offer fully funded Spirit of Youth Rugby camps this summer

We have yet to take sale of Fletcher's Fie will occur in 2023, w plans. The club was able to development plan o

Overall, the club finished the year with an operational deficit of \$43,416.79, driven primarily by the costs incurred by the return to delivering full programming. The financial cushion provided by the surplus in the 2021 season allowed us to weather the change back to a normal season of play, but the 2023 season is projected to be substantially financially constrained until the club can develop new sources of revenue from sponsorship and the funds flowing from the sale of Fletcher's Fields.

#### ANNUAL REPORT 2022

We have yet to take advantage of the money flowing to the club from the sale of Fletcher's Fields. We hope the distribution of the funds from the sale will occur in 2023, which will allow us to put in place our program expansion

The club was able to continue the process of the formulation of a club development plan due to a grant from the Ontario Trillium Foundation



## Toronto Nomads Rugby Club

Income & Expenditure - Year to Date November 2021 - October 2022



	TOTAL		
	NOV. 2021 - OCT. 2022	NOV. 2020 - OCT. 2021 (PY)	% CHANGE
INCOME			
40000 Income			
41000 Membership Fees		13,629.35	-100.00 %
41100 Membership Fees - Seniors	32,629.80		
41200 Membership Fees - Juniors	19,855.00		
41300 Membership Fees- Social		162.53	-100.00 %
Total 41000 Membership Fees	52,484.80	13,791.88	280.55 %
42000 Sponsorship & Donations			
42100 Corporate Sponsorship	20,000.00	22,500.00	-11.11%
42120 Corporate Sponsorship-Juniors	10,000.00	27,500.00	-63.64 %
42144 Charitable Donations NSTF (Project 144)	44.00		
42145 Charitable Donations NSTF (Project 145)	2,119.20		
42200 Donations Other	680.94	1,560.00	-56.35 %
Total 42000 Sponsorship & Donations	32,844.14	51,560.00	-36.30 %
43000 Fundraising			
43100 Grants	53,584.77	58,598.72	-8.56 %
43400 FlipGive	510.97		
Total 43000 Fundraising	54,095.74	58,598.72	-7.68 %
44000 Apparel Sales		6,224.25	-100.00 %
44200 Direct Sales		0.00	
44210 Nomads 70th anniversary facemasks		0.00	
44220 70th Anniversary Apparel and Bags		0.00	
Total 44200 Direct Sales		0.00	
Total 44000 Apparel Sales		6,224.25	-100.00 %
45000 Events		992.00	-100.00 %
45600 Events	710.93	0.00	
Total 45000 Events	710.93	992.00	-28.33 %
49000 Other Income			
49100 Interest earned	10.15	1.57	546.50 %
Total 49000 Other Income	10.15	1.57	546.50 %
Total 40000 Income	140,145.76	131,168.42	6.84 %
Services		0.00	
Total Income	\$140,145.76	\$131,168.42	6.84 %
BROSS PROFIT	\$140,145.76	\$131,168.42	6.84 %
EXPENSES			
50000 Expenditure			
51000 Facilities			
51100 Facilities Rental			
51110 Lamport Stadium - Seniors	5,085.00		
51115 Lamport Stadium - Juniors	5,085.00		
51120 Field - Oakwood	1,251.64	1,283.16	-2.46 %

51150 Eglinton Flats
51160 Facilities Rental - Other
Total 51100 Facilties Rental
51300 Facilities - Development
51390 Development - Eglinton Flats
Total 51300 Facilities - Development
Total 51000 Facilities
52000 Supplementary Programs
52400 Spirit of Youth Rugby Camp Expenses
Total 52000 Supplementary Programs
53000 Equipment
52310 Equipment
53100 Balls
53400 Equipment -Other
Total 53000 Equipment
53500 Uniforms and Apparel
53510 Playing Uniform
53550 Apparel
53551 Pinnies
53555 Apparel - Other
53600 Uniform and Apparel - Coaches
Total 53500 Uniforms and Apparel
54000 Coaching
54100 Coaches - Men
54125 Coaches Compensation - Juniors
54150 Coaches - Women
54200 Coaches - Juniors
54300 Technical Director Fees
54350 Strength & Conditioning Trainers
54400 Vehicle Expenses - Coaches
54500 Coach Development
54600 Registration Costs - Coaches, Managers, Directors
54605 Registration Costs - Coaches and Directors- Juniors
54800 Coaching Recruitment and Immigration
Total 54000 Coaching
55000 Referees
55100 Referees - Men
55200 Referees - Women
55300 Referees - Junior
Total 55000 Referees

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## ANNUAL REPORT 2022

## Toronto Nomads Rugby Club

Income & Expenditure - Year to Date November 2021 - October 2022

TOTAL			
% CHANGE	NOV. 2020 - OCT. 2021 (PY)	NOV. 2021 - OCT. 2022	
47.01 %	11,321.07	16,643.43	
		1,681.06	
136.00 %	12,604.23	29,746.13	
-100.00 %	1.511.81		
	1,511.81		
110.73 %	14,116.04	29,746.13	
-20.92 %	16,742.68	13,240.38	
-20.92 %	16,742.68	13,240.38	
-100.00 %	5,782.15		
100.00 %	0.00	49.61	
	0.00	1,681.43	
	0.00	3,935.59	
-2.00 %	5,782.15	5,666.63	
13.80 %	14.884.84	16,939.56	
-91.03 %	11,143.16	1,000.00	
01100 /	11,110.10	523.05	
91.00 %	497.98	951.15	
-100.00 %	2,596.89		
-33.34 %	29,122.87	19,413.76	
-81.36 %	5,691.30	1,060.82	
	0.00	350.00	
1,027.76	1,500.00	16,916.44	
		13,457.60	
-100.00 %	2,000.00		
-100.00 %	500.00		
87.66 %	1,644.69	3,086.43	
1,135.05	89.49	1,105.25	
-94.97 %	1,394.94	70.19	ors
-97.63 %	350.53	8.30	niors
22.47 %	4,748.48	5,815.28	
133.66 %	17,919.43	41,870.31	
163.24 %	340.00	895.00	
76.25 %	400.00	705.00	
		980.00	
248.65 %	740.00	2,580.00	

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## Toronto Nomads Rugby Club

Income & Expenditure - Year to Date November 2021 - October 2022



TOTAL			
	NOV. 2021 - OCT. NOV. 2020 - OCT. 2021		%
	2022	(PY)	CHANGE
56000 Athletic Therapists & Medical Expenses			
56100 Athletic Therapists	7,767.02	1,051.68	638.53 %
56200 Medical Supplies	2,724.00	144.80	1,781.22
56205 Medical Supplies - Juniors		0.00	
Total 56000 Athletic Therapists & Medical Expenses	10,491.02	1,196.48	776.82 %
56500 League Fees			
56550 Rugby Ontario	1,829.15	0.00	
56570 Tournament entry fees	1,446.30	729.93	98.14 %
Total 56500 League Fees	3,275.45	729.93	348.73 %
57000 Team Expenses	219.91		
57210 Travel - Men	2,642,46	901.74	193.04 %
57220 Travel - Women	615.00		
57230 Travel - Juniors	455.83		
57305 Team Expenses Supplies - Juniors	1,484.16		
57500 Visiting Team Hospitality - Men	4,782.22	1,985.12	140.90 %
57600 Visiting Team Hospitality - Women	2,551.77		
57900 Team Expenses misc	633.06	673.06	-5.94 %
Total 57000 Team Expenses	13,384.41	3,559.92	275.98 %
58000 Player Development & Support			
58100 Financial Support - Representative Players	2,800.00	1,858.50	50.66 %
58200 Contribution to Players' Membership Fees (No Player Left Behind)	280.81	576.65	-51.30 %
Total 58000 Player Development & Support	3,080.81	2,435.15	26.51 %
59000 Events		1,351.78	-100.00 %
59100 End of Season Banquet			
59150 Awards	864.55	88.14	880.88 %
Total 59100 End of Season Banquet	864.55	88.14	880.88 %
59400 Events- Other	25.00	0.00	
Total 59000 Events	889.55	1,439.92	-38.22 %
61000 Marketing & Communication			
61100 Website & Social Media	834.72	650.16	28.39 %
61105 Website & Social Media - Juniors		0.00	
61200 TeamSnap	903.33	902.97	0.04 %
61205 TeamSnap- Juniors		0.00	
61300 Promotion & Advertising	158.20	497.20	-68.18 %
61500 Sponsor Recognition	921.10	365.55	151.98 %
61505 Sponsor Recognition - Juniors		0.00	
61700 Design and Production	440.02	2,230.60	-80.27 %
61705 Graphic Design & Print Production - Year Book & Ann Report	2,086.29	0.00	
61810 Recruitment - Seniors		469.70	-100.00 %
61900 Other Marketing Costs	1,050.00		

Tota	61000 Marketing & Communication
6200	0 Administration
621	00 Bank Fees
621	05 Bank Fees - Juniors
621	50 Club Development Plan - Consulting Fees
623	00 Meeting Expenses
623	05 Meeting Expenses - Juniors
624	50 Supplies
624	60 Storage
625	00 Quickbooks
625	05 Quickbooks - Juniors
629	00 Misc Admin Expenses
Tota	62000 Administration
6300	0 Compliance & Legal
631	00 Audit Fee
632	00 Legal Fees
633	00 Vulnerable Persons' Police Checks
Tota	63000 Compliance & Legal
Total	50000 Expenditure
Total E	xpenses
PROFI	т

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## ANNUAL REPORT 2022

## Toronto Nomads Rugby Club

Income & Expenditure - Year to Date November 2021 - October 2022

		TOTAL	
	% CHANGE	NOV. 2020 - OCT. 2021 (PY)	NOV. 2021 - OCT. 2022
,	24.97 %	5,116.18	6,393.66
i i	88.08 %	321.62 0.00	604.90
		0.00	28,589.00
	-19.78 %	1,839.92	1,476.02
	-100.00 %	58.54	
			550.45
			649.07
k	-32.91 %	621.50	416.97
		0.00	
	-72.86 %	189.46	51.42
	966.89 %	3,031.04	32,337.83
		0.00	1,130.00
		0.00	
į.	-83.44 %	378.00	62.61
č	215.51 %	378.00	1,192.61
	79.42 %	102,309.79	183,562.55
	79.42 %	\$102,309.79	\$183,562.55
	-250.45 %	\$28,858.63	\$ -43,416.79

Accrual Basis Monday, February 6, 2023 05:15 PM GMT+13:00



## Toronto Nomads Rugby Club

Consolidated Balance Sheet As of October 31, 2022



		TOTAL	
	AS OF OCT. 31, 2022	AS OF OCT. 31, 2021 (PY)	% CHANGE
Assets			
Current Assets			
Cash and Cash Equivalent			
11000 Bank			
11100 TD Chequing Account	37,931	48,436	-22.00 %
11400 Prev Junior account	7,762	3,806	104.00 %
11500 Petty Cash Account	9	1,843	-99.00 %
11600 Special Purpose - No Player Left Behind	267	1,819	-85.00 %
Total 11000 Bank	45,969	55,905	-18.00 9
Total Cash and Cash Equivalent	\$45,969	\$55,905	-18.00 9
Accounts Receivable (A/R)			
13000 Accounts Receivable			
13100 Accounts Receivable	331	0	
13110 Accounts Receivable-Juniors	0	0	
13144 NSTF Project 144 unclaimed net proceeds	324	280	16.00
13145 NSTF Project 145 unclaimed net proceeds	375	56	574.00
13146 Sport4Onatrio - MLSE SOYR Grant	0	31,357	-100.00 9
Total 13000 Accounts Receivable	1,029	31,693	-97.00 9
Total Accounts Receivable (A/R)	\$1,029	\$31,693	-97.00
15000 Accrued Revenue	0	0	
15100 Prepayment			
15101 Prepayments-Juniors	0	0	
Total 15100 Prepayment	0	0	
15900 Short-term loan to FFL	0	2,000	-100.00 9
Total Current Assets	\$46,998	\$89,598	-48.00 9
Non-current Assets			
18000 Investments			
18100 Fletcher's Fields Limited	1	1	0.00 %
Total 18000 Investments	1	1	0.00 9
Total Non Current Assets	\$1	\$1	0.00 9
Total Assets	\$46,999	\$89,599	-48.00 9

Liabili	ties and Equity
Liab	ilities
Cur	rent Liabilities
Ac	counts Payable (A/P)
21	000 Accounts Payable
2	1001 Accounts Payable - Juniors
Т	otal 21000 Accounts Payable
To	tal Accounts Payable (A/P)
Cre	edit Card
22	2000 Credit Card
2	2001 CIBC Visa
Т	otal 22000 Credit Card
To	tal Credit Card
23	000 Special Purpose Reserves/Deferred Income
23	100 No Player Left Behind
23	200 Eglinton Flats Improvements (Help Nomads Make Hi
23	300 West End Schools
23	400 Junior Girls Fund
23	500 Club Development Plan - funded by OTF grant rese
23	600 SOYR Camps
To	tal 23000 Special Purpose Reserves/Deferred Income
24	000 Deferred Income
250	000 Due to/from Nomads Juniors/Seniors
25	100 Accrued Expenses
28	000 Payroll Liabilities
Tota	al Current Liabilities
Tota	I Liabilities
Equi	ity
300	00 Opening Balance Equity
310	01 Retained Earnings - Juniors (deleted)
Ret	ained Earnings
Pro	fit for the year
Tota	I Equity

## ANNUAL REPORT 2022

## Toronto Nomads Rugby Club

Consolidated Balance Sheet As of October 31, 2022

	TOTAL		
	AS OF OCT. 31, 2022	AS OF OCT. 31, 2021 (PY)	% CHANGE
	4,306	1,130	281.00 %
	0	0	
	4,306	1,130	281.00 %
	\$4,306	\$1,130	281.00 %
	0		
	0	99	-100.00 %
	0	99	-100.00 %
	\$0	\$99	-100.00 %
	1,823	1,823	0.00 %
listory)	0	0	
	7,868	7,868	0.00 %
	335	335	0.00 %
erve	10,411		
	18,117	31,357	-42.00 %
	38,554	41,383	-7.00 %
	0	-928	100.00 %
	0	0	
	0	544	-100.00 %
	947	762	24.00 %
	\$43,807	\$42,990	2.00 %
	\$43,807	\$42,990	2.00 %
	0	17,822	-100.00 %
	0	25,084	-100.00 %
	46,609	-25,156	285.00 %
	-43,417	28,859	-250.00 %
	\$3,192	\$46,609	-93.00 %
	\$46,999	\$89,599	-48.00 %

## NOMADS YEAR IN PHOTOS









## NOMADS RUGBY













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